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# Leaf spot of *Telfairia occidentalis* incidence and severity influenced by altitude and planting date in the West Region of Cameroon

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## Abstract

**Background:** Leaf spot disease of *Telfairia occidentalis*, caused by *Phoma sorghina*, represents one of the major biotic constraints to *T. occidentalis* production under small scale farming systems in West Africa including Cameroon. Currently this critically important seed and leaf vegetable is cultivated under varying altitudinal levels at different planting dates. In this framework, a field study was conducted in 2019 and 2020 cropping seasons between March and July in the localities of Dschang and Santchou to determine the influence of altitude and planting date on the prevalence and severity the disease.

**Material and methods:** A 2 by 4 factorial randomized complete block design (RCBD) with three replications and four planting dates were used. Data for disease prevalence and severity documented fortnightly, were submitted to general linear model for analysis using SPSS version 23, and the means were separated by least significant difference (LSD) at a 95% confidence interval.

**Results:** Statistical analysis revealed that, the low altitude recorded a significantly ( $p < 0.05$ ) lower prevalence than high altitude while disease severities between both altitudes were not significantly different. Moreover, the initial three planting dates at low altitude and planting date three in Dschang recorded significantly lower prevalence than other planting dates investigated in the study.

**Conclusion:** We established that, the initial three planting dates at low altitude and planting date three at high altitude could be helpful in reducing leaf spot prevalence and severity of *T. occidentalis*.

**Keywords:** Altitude, Prevalence, Leaf spot, Planting date, Severity, *Telfairia occidentalis*

## Introduction

*Telfairia occidentalis* Hook. f. (fluted pumpkin) is one of the highly prized vegetable crops in Cameroon. Growing *T. occidentalis* strongly enhances the livelihoods of poor resource base farmers because it can be harvested and sold throughout the year at weekly intervals compared to other locally cultivated vegetable crops. The crop plant has inherent immense nutritional and medicinal values

(Odiaka and Schippers 2004; Kayode and Kayode 2011), with potentials of being used industrially as a food supplement (Odiaka and Schippers 2004).

However, sustainable production is greatly constrained by various diseases each year, of which leaf spot (causal agent: *Phoma sorghina*) is the most important (Annih et al. 2020; Mbong et al. 2021). Leaf spot disease is one of the most important limiting factors for the cultivation of the seed and leaf vegetable crop in tropical and subtropical areas (Bassey and Opara 2016).

In the field, leaf spot appears within 3 weeks after emergence and continues throughout the life of the plant in the field. The translucent white spots enlarge,

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turn brown and shatter, leaving the leaves with perforations. Under severe attack, the entire leaf dies (Udo et al. 2013). The pathogen attacks the leaves of the crop and produces localized lesions of dead or collapsed cells with the consequent effect of reducing the leaf lamina. This has the effect of limiting production and degrades its quality, thereby reducing its market value and profitability. Farmers therefore often face substantial plant losses before harvesting with severe economic losses. In addition, infection of leaves by the pathogen also significantly reduces the nutrient content (Udo et al. 2013).

Subsistence farmers in developing countries, including Cameroon, have very few options on the control of leaf spot disease on their crops. A few disease management techniques have been reported in the control of leaf spot disease. Synthetic fungicides can be used in the management of the disease under field conditions. Biweekly spraying of cocktails of synthetic fungicides significantly reduced the disease incidence in the field (Nwufo and Ihejirika 2008). However, the fungicides threaten farmers' health and environment and lead to resistance development of the pathogen against the pesticides while they also impact non-target and beneficial organisms. The chemicals are also not cost-effective (Godwin-Egein et al. 2015). In addition, the poor farmers lack expertise, suitable equipment and protective clothing to safely use these chemicals (Udo et al. 2013). Improper use of such chemical has led to residue accumulation on *T. occidentalis* (Mbong et al. 2019), which may have intoxicating effects in the body when the vegetable is consumed. With limited preferences as such, the subsistence farmers therefore rely mainly on cultural practices as an important aspect of leaf spot disease control. These risks from chemical exposures and the growing desire for organic produced food necessitate the need for alternative disease control. Therefore, subsistence farmers mainly rely on cultural practices to control leaf spot disease as they are readily available, inexpensive, safe and ecologically friendly.

In production zones across Cameroon, the cultivation of *T. occidentalis* usually begins in March across a range of different altitudes. Recently, there has been growing demand for the vegetable due to its nutritional values, pharmacotherapeutic properties and industrial potentials. To meet the challenges associated with increased production, there is need to address the constraints on *T. occidentalis* growth and cultivation. The main objective of this study was to investigate how altitude and planting date influence leaf spot development with the aim of identifying appropriate production periods to limit the impact of the disease on the production cycle of this highly prized vegetable crop.

## Material and methods

### Study sites

The study was conducted in the cropping seasons of 2019 and 2020 in the localities of Dschang and Santchou, both in the Menoua Division between March and July of each year. Menoua Division is one of the eight Divisions in the West Region of the Republic of Cameroon. The Division is unique in having localities with two different tropical climatic conditions under which *T. occidentalis* is cultivated mostly by poor resource based farmers. These climatic conditions fall within identical climatic belts of the North West and South West Regions of Cameroon, where *T. occidentalis* is extensively cultivated. The study area constitutes one of the main crop-producing areas in the Western Highlands agro-ecological zone of Cameroon. Farming in this area is dominated by small-scale farmers and the agricultural population is estimated at over 72% with about 160,000 households. The terrain of the Western Highlands agro-ecological zone consists mainly of plateaus and depressions stretching from 300 to 3000 m above sea level (Kome et al. 2017).

The field study was replicated at two sites, one in Dschang and another in Santchou. In Dschang, the field study was conducted at the Faculty of Agronomy and Agricultural Sciences (FASA) teaching and research farm in the main campus of the University of Dschang, some 200 m from the University Lake. Dschang lies on latitude 5°26'38" N and longitude 10°03'11" E. (Mbong et al. 2021) with an equatorial monsoon climate (PCD Dschang, 2015). The town is located at an altitude of between 1300 and 1400 m, almost twice to that of Santchou. This altitudinal difference is a principal element which separates this locality from Santchou. The mean annual rainfall is 1872 mm with a relative humidity comprised between 64.3 and 97% (Bamou et al. 2021). The climate of the region is of Sudano-Guinean type influenced by the altitude (Tamungang et al. 2016). The average annual temperature is 20 °C with February being the hottest month (Bamou et al. 2021). The region has one rainy season, which lasts from mid-March to mid-November and one dry season from mid-November to mid-March (Tamungang et al. 2016). The climatic conditions and terrain of Dschang are similar to those in the North West Region of Cameroon where *T. occidentalis* is cultivated extensively by local farmers.

In Santchou, the field study was set up at the IRAD (Institute for Agricultural Research and Development) research and seed multiplication field. Santchou is located between 5°16'N and 9°58'E. It has an altitude of 786 m with a surface area of 95.05 km<sup>2</sup>. The annual average temperature in Santchou is 22.5 °C. Its annual average precipitation is 1364.4 mm with a relative humidity of 92% (Bamou et al. 2021). Santchou has very complex

vegetation, and its climate is equatorial to the Guinean type (Santchou council development plan, 2015), similar to the Littoral and Southwest regions, which are hosted to several cultivators of *T. occidentalis* (Bamou et al. 2021). The study area is characterized by two main seasons: the dry season, which extends from mid-November to March, and the rainy season, which runs from March to November.

### Experimental design

The experiment for the 2 years was laid out in a 2 by 4 factorial randomized complete block design with 36 experimental units laid out in three blocks. The factors were two altitudes (low and high altitudes) and four planting dates. Within each block, three experimental units were selected randomly and sowed for each of the four separate planting dates. The experiment was laid out over a surface area of 121 m<sup>2</sup>. Each experimental unit measured 2.25 m<sup>2</sup>. The experimental units and blocks were both separated by passageways of 0.4 m. The experimental layout for each growing season and study area was identical.

### Planting materials

Intact and mature *T. occidentalis* fruit pods for seeds were harvested from senescent shoots from an intercropped farm in the town of Dschang (Mbong et al. 2021). A minimum number of fruit pods of the same cultivar required for the research were harvested. To extract the seeds, pods were cut open with the aid of a knife, and the seeds were carefully isolated from the pulp manually. The seeds were air-dried for 2 days, given that they are recalcitrant, to prevent decay before planting. The seeds used in the subsequent year were of the same cultivar. The experimental research and field studies of the cultivated crop plant including the collection of planting material was within institutional, national and international guidelines and legislation.

### Field preparation

During each investigation, a parcel of land measuring 121 m<sup>2</sup> was manually cleared of the weeds. The cleared debris was removed and dumped beyond the field experimental site. A hoe was later employed to uniformly plow the field to facilitate the construction of regular experimental units. Other equipment including a decameter, pegs and cords were employed to demarcate the tilled field into experimental units, and hoe was again made use of to set up mounds of 1.5 m × 1.5 m separated by alleys of 0.4 m.

### Planting of seeds and treatments

The topsoil was used as substrate for planting. Healthy air-dried seeds were taken to the field and planted by direct seeding at a depth of 3–4 cm and covered with

topsoil on each experimental unit at a rate of 1 m × 1 m. Four seeds were sown per experimental unit.

Four planting dates each were chosen and staggered seven days apart for the selected experimental units to determine the most appropriate time that planting the crop produce minimal leaf spot disease prevalence and severity. The first planting date was on the 21st of March while the second, third and fourth planting were on the March 28th, April 4th and 11th of April in both study areas.

### Crop maintenance in the field

After the 4-week plant string, the field was constantly monitored for weed removal and staking with advancing growth. The removal of weeds commenced 2 weeks after emergence in the field. This was achieved manually once every fortnight to ensure optimal growth voids of other plant competitors and for better monitoring of disease parameters in the field. The field was secured with a barrier to keep local domestic animals out of reach and to check the indiscriminate movement of passers-by into or across the experimental field.

Staking with the aid of pegs locally harvested in the neighborhood of the field was initiated at 3 weeks after emergence and continued for an additional period of 2 weeks. The pegs were trimmed to a height of 1 m. The staked stands were tied with robes drawn from plantain stems. This was meant to train the clambering vines to the trellis and to facilitate their creeping pattern. Bamboo trellises were constructed for each experimental unit to serve as a supporting platform for optimal crop growth and for ideal disease assessment.

### Data collection

#### Disease assessment in the field

Disease prevalence in the field was established by visual observations of symptoms of *T. occidentalis* leaf spot on all stands per block and on all the leaves per plant. The data for disease prevalence and severity commenced 3 weeks after emergence and were documented for a period of 8 weeks. In the process, diseased leaves and the totality of leaves for each stand were counted, and the information was methodically recorded. The data was collected at weekly intervals as presented in the disease severity scale in Table 1.

#### Calculations for disease prevalence

The information recorded in the field was used to calculate the percentage of the proportion of leaves infected per plant within the speculated period using the following formula for disease prevalence (DP):

**Table 1** Disease severity scale of leaf spot (scored at weekly intervals)

Severity scale	Numerical rating	Description of symptom
0	0	No disease
1–20	1	Infection of the leaves with small spot lesions
21–40	2	Moderate infection of leaf with spot lesions spreading on the surface of the leaves
41–60	3	Severe infection of the leaves with leaf spot lesions almost found in all the leaflets
61–80	4	Very severe infection on all the leaves with spot lesions spreading in all the leaflets and coalescing
81–100	5	The entire plant is completely infected with all leaves having leaf spot disease, some of the leaves having holes and there is leaf tearing

$$\text{Percentage DP} = \frac{\text{Number of leaves infected}}{\text{Total leaves sampled}} \times 100$$

#### Determination of disease severity

The disease severity commenced immediately after the assessment of the disease prevalence, and different treatments were the same as for disease prevalence. The disease severity was assessed based on proportion of diseased leaves per plant and rated following the modified disease severity scale of Orji et al. (2015), (Table 1).

#### Statistical analysis

The information documented on the total number of leaves and number of diseased leaves from each stand at the corresponding planting dates was submitted to general linear model (GLM) for analysis and the means were separated by least significant difference (LSD) at a 95% confidence interval. The disease prevalence was calculated using the Microsoft Excel program while SPSS was used for analysis. The scored data for disease severity was subjected to general linear model for analysis. Data for disease prevalence and severity were documented fortnightly, commencing 5 weeks after planting (WAP).

## Results and discussion

### Results

#### *Disease assessment at weekly intervals in Dschang and Santchou*

In the trial study in Dschang and Santchou, very high leaf spot disease prevalence were observed at 11 WAP contrary to minimal prevalence that were mostly witnessed at 5 WAP. Considering the evolution of disease prevalence at weekly intervals in planting date one, the very high prevalence observed at 11 WAP in Dschang was significantly different ( $p < 0.05$ ) from the prevalence registered in the fifth, and seventh weekly intervals at both sites including the ninth weekly interval in Santchou (Table 2).

With regard to the weekly development of leaf spot prevalence at planting date two, the seventh week after planting in Dschang registered a very high prevalence which differed significantly from the prevalence recorded in all weekly intervals in Santchou as well as the fifth week after planting in Dschang (Table 2).

Taking into consideration the progress of disease prevalence at weekly intervals in the third planting date, the eleventh week after planting in Dschang revealed a significantly very high leaf spot prevalence which differed from the prevalence registered in all weekly intervals investigated in the study at both sites (Table 2).

**Table 2** Disease v at WAP in both study sites

Site	WAP	PD 1, DP (%) $\pm$ SE	PD 2, DP (%) $\pm$ SE	PD 3, DP (%) $\pm$ SE	PD 4, DP (%) $\pm$ SE
Dschang	Five	7.19 $\pm$ 2.00 <sup>bc</sup>	5.59 $\pm$ 2.00 <sup>bc</sup>	7.77 $\pm$ 2.00 <sup>bc</sup>	3.15 $\pm$ 2.00 <sup>bd</sup>
	Seven	14.08 $\pm$ 2.00 <sup>b</sup>	18.62 $\pm$ 2.00 <sup>a</sup>	6.89 $\pm$ 2.00 <sup>bc</sup>	6.93 $\pm$ 2.00 <sup>bd</sup>
	Nine	17.35 $\pm$ 2.00 <sup>a</sup>	15.35 $\pm$ 2.00 <sup>a</sup>	12.45 $\pm$ 2.00 <sup>b</sup>	17.89 $\pm$ 2.00 <sup>bc</sup>
	Eleven	19.73 $\pm$ 2.00 <sup>a</sup>	17.46 $\pm$ 2.00 <sup>a</sup>	19.40 $\pm$ 2.00 <sup>a</sup>	28.60 $\pm$ 2.00 <sup>a</sup>
Santchou	Five	8.99 $\pm$ 2.00 <sup>b</sup>	12.06 $\pm$ 2.00 <sup>b</sup>	9.19 $\pm$ 2.00 <sup>bc</sup>	13.56 $\pm$ 2.00 <sup>bc</sup>
	Seven	5.17 $\pm$ 2.00 <sup>bc</sup>	12.60 $\pm$ 2.00 <sup>b</sup>	9.83 $\pm$ 2.00 <sup>bc</sup>	14.27 $\pm$ 2.00 <sup>bc</sup>
	Nine	8.42 $\pm$ 2.00 <sup>bc</sup>	6.92 $\pm$ 2.00 <sup>bc</sup>	7.75 $\pm$ 2.00 <sup>bc</sup>	14.36 $\pm$ 2.00 <sup>bc</sup>
	Eleven	16.39 $\pm$ 2.00 <sup>a</sup>	8.50 $\pm$ 2.00 <sup>bc</sup>	10.27 $\pm$ 2.00 <sup>b</sup>	22.33 $\pm$ 2.00 <sup>b</sup>

SE standard error, PD planting date, WAP weeks after planting, DP disease prevalence, % percentage

<sup>a, b, c, d</sup>Means in the same column with the same superscript are not significantly different at  $p > 0.05$  (LSD)

In view of the evolution of disease prevalence at weekly intervals in the fourth planting date, an extremely low prevalence was documented at the fifth week after planting in Dschang which was significantly different from all disease prevalence recorded at weekly intervals in the study except for the seventh weekly interval in Dschang (Table 2).

Considering disease severity at weeks after planting in the study sites, very high leaf spot disease severities were generally registered at 11 WAP in both sites while the least severities were recorded at 5 WAP in the survey areas (Table 3).

Taking into account the evolution of leaf spot at weekly intervals in planting date one, the very high severity observed at 11 WAP in Dschang was significantly different ( $p < 0.05$ ), from the disease severities recorded in the initial three weekly intervals in Santchou including the first two weekly intervals in Dschang (Table 3).

With regard to the weekly progress of disease severity in the second planting date investigated during the study, the 11 WAP in Dschang registered a very high severity which differed significantly ( $p < 0.05$ ), from the severities documented in the first two weekly intervals in Santchou including the first week after planting in Dschang (Table 3).

Looking at the development of disease severity at weekly intervals in the third planting date, the eleventh week after planting in Dschang revealed a significantly ( $p < 0.05$ ), very high leaf spot severity which differed from the leaf spot severities registered in the fifth, ninth and eleventh weekly intervals in Santchou and the leading two weekly intervals in the study site in Dschang inclusive (Table 3).

Furthermore, an extremely low severity was registered at 5 WAP in Dschang at planting date four which was significantly ( $p < 0.05$ ), different from all leaf spot severities recorded at weekly intervals during the study but

statistically comparable to the severity recorded at the seventh weekly interval in Dschang (Table 3).

#### Disease assessment at planting dates in both study areas

Considering the two study sites, the disease prevalence observed at the initial three planting dates in Santchou were generally lower than the prevalence recorded at similar planting dates in Dschang. The very high leaf spot prevalence recorded at the fourth planting date in the study site of Santchou differed significantly ( $p < 0.05$ ), from the prevalence registered at the leading three planting dates in Santchou including the third planting date in Dschang. Significantly low leaf spot prevalence were registered in the initial three planting dates at low altitude including planting date three at high altitude compared to the disease prevalence documented at other planting dates in the investigation (Table 4).

Regarding disease severity, significantly ( $p < 0.05$ ) low leaf spot severities were recorded within all planting dates in study areas except for planting date four at low altitude (Table 4).

**Table 4** Disease assessment parameters at planting dates in the study areas

Planting date (days)	Study site	Disease prevalence (%) $\pm$ SE	Disease severity $\pm$ SE
One	Dschang	14.59 $\pm$ 1.00 <sup>a</sup>	0.99 $\pm$ 0.06 <sup>b</sup>
	Santchou	9.74 $\pm$ 1.00 <sup>b</sup>	0.85 $\pm$ 0.06 <sup>b</sup>
Two	Dschang	14.25 $\pm$ 1.00 <sup>a</sup>	1.01 $\pm$ 0.06 <sup>b</sup>
	Santchou	10.02 $\pm$ 1.00 <sup>b</sup>	0.95 $\pm$ 0.06 <sup>b</sup>
Three	Dschang	11.63 $\pm$ 1.00 <sup>b</sup>	1.00 $\pm$ 0.06 <sup>b</sup>
	Santchou	9.26 $\pm$ 1.00 <sup>b</sup>	0.94 $\pm$ 0.06 <sup>b</sup>
Four	Dschang	14.14 $\pm$ 1.00 <sup>a</sup>	0.96 $\pm$ 0.06 <sup>b</sup>
	Santchou	16.13 $\pm$ 1.00 <sup>a</sup>	1.27 $\pm$ 0.06 <sup>a</sup>

<sup>a,b</sup>Means in the same column with the same superscript are not significantly different at  $p > 0.05$  (LSD)

SE standard error, % percentage

**Table 3** Disease severity at WAP in Dschang and Santchou

Site	WAP	PD 1, DS $\pm$ SE	PD 2, DS $\pm$ SE	PD 3, DS $\pm$ SE	PD 4, DS $\pm$ SE
Dschang	Five	0.47 $\pm$ 0.12 <sup>b</sup>	0.28 $\pm$ 0.12 <sup>b</sup>	0.72 $\pm$ 0.12 <sup>b</sup>	0.28 $\pm$ 0.12 <sup>b</sup>
	Seven	0.92 $\pm$ 0.12 <sup>b</sup>	1.22 $\pm$ 0.12 <sup>a</sup>	0.78 $\pm$ 0.12 <sup>b</sup>	0.56 $\pm$ 0.12 <sup>b</sup>
	Nine	1.22 $\pm$ 0.12 <sup>a</sup>	1.22 $\pm$ 0.12 <sup>a</sup>	1.11 $\pm$ 0.12 <sup>a</sup>	1.25 $\pm$ 0.12 <sup>a</sup>
	Eleven	1.33 $\pm$ 0.12 <sup>a</sup>	1.33 $\pm$ 0.12 <sup>a</sup>	1.39 $\pm$ 0.12 <sup>a</sup>	1.75 $\pm$ 0.12 <sup>a</sup>
Santchou	Five	0.81 $\pm$ 0.12 <sup>b</sup>	1.06 $\pm$ 0.12 <sup>a</sup>	0.81 $\pm$ 0.12 <sup>b</sup>	1.14 $\pm$ 0.12 <sup>a</sup>
	Seven	0.67 $\pm$ 0.12 <sup>b</sup>	1.11 $\pm$ 0.12 <sup>a</sup>	1.03 $\pm$ 0.12 <sup>a</sup>	1.22 $\pm$ 0.12 <sup>a</sup>
	Nine	0.78 $\pm$ 0.12 <sup>b</sup>	0.72 $\pm$ 0.12 <sup>b</sup>	0.92 $\pm$ 0.12 <sup>b</sup>	1.17 $\pm$ 0.12 <sup>a</sup>
	Eleven	1.14 $\pm$ 0.12 <sup>a</sup>	0.92 $\pm$ 0.12 <sup>b</sup>	1.03 $\pm$ 0.12 <sup>b</sup>	1.56 $\pm$ 0.12 <sup>a</sup>

SE standard error, PD planting date, WAP weeks after planting, DS disease severity

<sup>a,b</sup>Means in the same column with the same superscript are not significantly different at  $p > 0.05$  (LSD)

### Disease assessment between Dschang and Santchou

In the study, the disease prevalence in Santchou (at low altitude) was established to be significantly lower than the prevalence recorded in the study area of Dschang (at high altitude). However, there was no significant difference between the leaf spot disease severities observed between the two study sites (Table 5).

### Discussion

Leaf spot disease prevalence was significantly low at the low altitude (in Santchou) compared to the prevalence registered at the high altitude (in Dschang). The leaf spot pathogen of *T. occidentalis* is essentially known to be carried from one host plant to another by air current. Therefore, it is probable that wind could have played a significant role in the prevalence of the disease between the study sites. This observation is consistent with the findings of Waller et al. (2002), who reported that, the transmission of fungi spores by air current is greater at high altitude. In addition, Helen and Michele (1997), opined that a plant disease can be avoided entirely by planting a crop in different sites or regions or at different altitudes from those in which it normally grows. In this study, conducted in Menoua Division, the study site of Dschang is located at a higher altitude, almost twice that of Santchou. This disparity in altitude, as it naturally exist, could have facilitated the dispersal of the small, lightweight spores of *Phoma sorghina* in the field by air current leading to further spread of infection and higher leaf spot disease prevalence. Another study (Kassaw et al. 2021) reported contradictory results.

The planting dates within which *T. occidentalis* leaf spot prevalence were significantly low could have coincided with growing stages of the crop that were less susceptible, more resistant, to infection and spread of the leaf spot pathogen, resulting in leaf spot disease avoidance. The results in this study are also in agreement with previous investigations conducted and reported by Akhileshwaria et al. (2012). The researchers affirmed that, adjustment of planting dates is one of the important cultural practices that can be exploited to minimize crop losses due to disease. The authors intimated that, there

was a decrease in powdery mildew severity in sunflower following strategic manipulation of planting dates. The authors went on to ascertain that, such a cultural technique avoided coincidence with susceptible stage of the crop, consequently, resulting in disease escape. Subsequent reports by Apeyuan et al. (2017), confirmed that, strategic alteration in planting dates was effective in the control of some plant diseases. Previous reports (Mbong et al. 2010; Jitendiya and Chhetry 2014), established that sowing dates significantly influenced the epidemiology of crop diseases under field conditions. In addition, the results in this study further confirms the earlier emphatic viewpoints of Helen and Michele (1997), who explained that many crop plants tend to be more susceptible to attacks by various parasites at certain stages of their development. The authors added that, changing the usual planting time of a crop can exploit weather conditions which are not favourable for the spread of pathogens and reduce crop losses. In this study, the weather parameters (Table 6), were significant in influencing the prevalence and severity of the disease in the field.

Furthermore, in this study, *T. occidentalis* leaf spot disease prevalence and severity were significantly high at planting date four in the Dschang (high altitude). This could be due to the fact that the inoculum density within the field was very high due to accumulation from previous planting dates coupled with the fact that the weather conditions could have been more favourable for infection. Therefore, the more conducive microclimate together with conceivable high initial inoculum population could have encouraged the proliferation of the already populated fungal spores, their germination and rapid multiplication, which favoured new and rapid infections, resulting in extremely high leaf spot disease prevalence and severities. This result corroborates with previous investigations of Kone et al. (2017), who suggested that warm and humid weather conditions favoured the propagation of disease in cucurbits under field conditions. In addition, Ilondu (2013), earlier acknowledged that leaf spot diseases are favoured by humid weather conditions, where they destroy a greater portion of the foliage. With such humid conditions, the spores readily germinated within a brief period resulting in further spread of the disease among the stands.

### Conclusion

In this study it was revealed that, the leading three sowing dates at low altitude (in Santchou) and the third planting date in Dschang were crucial in reducing leaf spot disease prevalence and severity under field conditions. In addition the low altitude recorded a significantly low leaf spot disease prevalence compared to the high altitude. The first three sowing dates in Santchou including the third

**Table 5** Disease prevalence and severity between the study areas

Study site	Disease prevalence (%) $\pm$ SE	Disease severity $\pm$ SE
Dschang	13.65 $\pm$ 0.50 <sup>a</sup>	0.99 $\pm$ 0.03 <sup>a</sup>
Santchou	11.28 $\pm$ 0.50 <sup>b</sup>	1.00 $\pm$ 0.03 <sup>a</sup>

SE standard error

<sup>a, b</sup>Means in the same column with the same superscript are not significantly different at  $p > 0.05$  (LSD)

**Table 6** Average monthly climatic parameters in Dschang and Santchou. Source: Meteorological Station, Dschang

Average monthly rainfall in Dschang in millimetres (mm)												
Year	Month											
	January	February	March	April	May	June	July	August	September	October	November	December
2019	18.68	14.36	11.47	12.96	12.61	15.43	10.22	4.95	9.56	11.76	9.31	9.53
2020	0.00	0.00	12.08	15.58	16.02	11.68	12.31	17.93	15.57	13.53	7.75	3.00
Average monthly temperatures in Dschang in °C												
Year	Month											
	January	February	March	April	May	June	July	August	September	October	November	December
2019	21.90	22.29	21.72	21.78	20.79	21.60	20.56	19.55	20.05	20.06	20.92	20.97
2020	20.02	19.52	20.16	20.17	20.02	20.72	21.16	20.60	20.83	20.89	21.68	22.00
Average monthly relative humidity in Dschang												
Year	Month											
	January	February	March	April	May	June	July	August	September	October	November	December
Humidity (%)	57	61	76	86	88	90	91	92	91	88	79	65
Average monthly climatic parameters in Santchou 2019												
	Month											
	January	February	March	April	May	June	July	August	September	October	November	December
Average temperature (°C)	28	28	28	27	26	23	22	22	23	23	23	26
Rainfall (mm)	94.9	94.9	94.9	508.63	508.63	508.63	873.1	873.1	873.1	369.97	369.97	369.97
Humidity (%)	17.7	17.7	17.7	25.0	25.0	25.0	28.1	28.1	28.1	24.3	24.3	24.3
Average monthly climatic parameters in Santchou 2020												
	Month											
	January	February	March	April	May	June	July	August	September	October	November	December
Average temperature (°C)	27	28	26	25	24	22	21	21	21	22	24	25
Rainfall (mm)	194.3	194.3	194.3	614.7	614.7	614.7	874.1	874.1	874.1	386.83	874.1	874.1
Humidity (%)	21.2	21.2	21.2	27.2	27.2	27.2	28.3	28.3	28.3	26.1	26.1	26.1

planting date in Dschang could therefore be vital in minimizing the prevalence leaf spot disease of *T. occidentalis*.

#### Acknowledgements

Immense thanks to the managing chief of post at the Santchou IRAD extension field for the arable land he accorded for the realization of this scientific research.

#### Author contributions

AKK carried out the investigation, provided resources, did data curation, administered the project, and did the formal analysis and writing original draft preparation. MGA was there for conceptualization, supervision and validation. ALA did the review and editing. All authors read and approved the manuscript.

#### Funding

No funds, grants, or other support was received.

#### Availability of data and materials

The datasets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Declarations

##### Ethics approval and consent to participate

Not applicable.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

Received: 24 January 2022 Accepted: 4 May 2022

Published online: 02 June 2022

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